

# An Energy-based Covenant

In Practice

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# 1. Introduction

There is this one moment in your current life: you meet a person of the opposite sex, and this person touches you in a way that no one has ever done before. He or she touches your heart and there is that one moment, when you know deep down that said person can make you happy in a way that no one else can or will ever do. And as touching as this one moment is, the years that follow, are just as exhausting and torturous. Because as soon as you look into the eyes of this one person, your life begins to move. Things become very dynamic (often dark and ugly) inside and outside of you and you need all your strength to be able to function in a somewhat stable manner in everyday life. Yet, with this one sight in the eyes of this special human your personal energy-based covenant begins. A journey of its own.

Then, however, it doesn't just change within yourself. It also begins to change in your practical life:

- Your everyday human life, your view of the world and your view of humanity open up without your conscious desire.
- What has been dear and familiar to you for a long time, suddenly begins to move away from you and no matter what you try, you cannot hold it.

- Instead, something new is coming your way. People, situations, material things and even places that you would never have looked for, but which turn out to be extremely suitable.
- Your perception begins to expand and very often, it takes you a few hours or even days until you are able to classify what is happening to you.

In the course of the described phase, clear visions also begin to appear to you. This despite the fact that you were never actually particularly religious or spiritual. And yet, they arise within you: images of things that you have already carried within yourself for a long time and are now becoming clearer and clearer. Knowledge that feels right. And so, you start to trust them and move towards them and then, suddenly they are gone, the images that were once so clear and what you carry inside of you doesn't seem to be confirmed in an unplanned way, as you are standing here and now, at a completely different place.

The same thing happens to you with the energy-based covenant. You're skeptical at first, but then, you partially get involved and as soon as you do, it gets dark, uncomfortable, the door closes and you're standing there: disoriented and also a little injured.

Energy-based is and happens basically circular. You know, trust your impulses step by step and know that it will develop into your own highest and best: that which you carry within you as knowledge. However, the path there happens differently than your human mind would plan, rather, it develops continuously. Most of the time, first in the opposite direction (if there are still duality tasks to be completed), then now this way and then that, seemingly disordered and yet, if you expand your perspective and change it slightly, you realize that something beautiful is happening: optimally adjusted for yourself and everyone else involved. The path to the knowledge that you carry within you can neither be planned nor predicted. It cannot be evaluated or interpreted either. Instead, it develops freely and always leads you safely to your specified goal. Something that you have to consciously experience at most a few times before you understand it in depth. Yet, what you carry in you as truth will realize. Certain.

The energy-based covenant (or energy-based love-relationship) is also subject to the fact I just described and thus, also the energy-based covenant happens and develops significantly differently than you are used to in your previous life.

An energy-based covenant is far beyond anything a human being can experience in a human life, and it is far beyond anything you have ever experienced in your human life to date.

And so, on the one hand, it wants to be recognized and understood and, on the other hand, you need all of your skills to deal with it in a beneficial way (for yourself, for both of you and for those around you).

An energy-based companionship is definitely not “for beginners” and you will notice this a few months after your first meeting at the latest.

They are currently beginning to find, meet and recognize each other, those people who have planned an energy-based covenant / love-relationship for this one human incarnation. A very special challenge, especially if those affected do not understand what is happening to them as a result of this meeting.

That's why I wrote and published the book "An Energy-based Covenant" a few years ago. A book that is intended to help energy-based fellows to recognize and understand and thus to go through the admittedly very strenuous and challenging first years “together” a little easier.

The energy-based covenant begins with the first look into the eyes of your energy-based counterpart. Completely official. On an energy-based level. However, those affected themselves are usually not really aware of this, even if they understand that something very special happened at that moment.

This is the mere fact that most current energy-based companions do not really understand what is happening to them and therefore often deal with it in a humanly intuitive, biographical way, which slows them down in many ways. The energy-based covenant needs to be understood comprehensively so that it can be treated in a beneficial way, otherwise it becomes a chronic story of suffering, the burden of which can hardly be expressed in words.

An energy-based covenant is “sacred,” to use a typically human word. Yet, the energy-based covenant is able to sustainably increase the vibration frequency of entire regions and thereby “heal”. Another human word.

An energy-based covenant is the most precious thing that currently exists on planet Earth. But it must be fully recognized and understood so that the respective companions can not only go through the first challenging years as efficiently and beneficially as possible, but also achieve the goal of a practically lived love-relationship and live it in a healing and beneficial way.



An energy-based covenant is the greatest challenge you can currently face as a human being. And only someone involved in an energy-based covenant can grasp the magnitude of this challenge.

Negating doesn't help. The attempt to separate the repeatedly energetically clearly perceptible connection is equally unsuccessful. People also like to demonize or feel bewitched or cursed when something so unusual, not influenceable and powerful seems to happen to them out of nowhere.

And so, the energy-based covenant, true to the motto of duality, experiences all sorts of negative, stressful, dark and ugly things in current human society. Also, and especially by those affected themselves. This, even though it is pure, clear, bright, healing and "holy". Actually.

The energy-based covenant still needs a lot of "education work" in the human living space. This, in turn, happens through conscious and successfully running energy-based companions. People who benefit from fully understanding themselves and traveling successfully and beneficially.

This book is dedicated to these people: people who are successful as an energy-based couple. Energy-based covenant pairs who are about to become a companion pair and thus a love-relationship-pair on an official human level, who will therefore face new challenges and benefit from new additional information.

And so, it's time for the next level and therefore, for the next book. A book that deals with the subject of what happens when energy-based companions definitely come together for an energy-based and material-based community and then, stay together in this one human life.

Of course, you will set up your very own life together and at the same time, it will be an unprecedented form of living together and working together, viewed from a purely human perspective.

Therefore, this book is intended to support you on your continuing path, which remains to be challenging. Because, even if it feels like a “happy ending, finally” for both of you at some point and you will have this part and enjoy it with all your heart, the path continues and, to be honest, this path will become a lot more complex and thus also, benefits from your holistic knowledge and awareness.

I would like to emphasize again at this point:  
If you yourself are a highly developed being and you now, have your own natural vibration frequency again (more or less), even in this one life, you can no longer look at your human life, your human tasks, your human contacts, but also your human friendships and your human love-relationships in purely human terms.

Instead:

**Whatever you encounter,  
serves you.**

If you have changed levels based on the criteria just described and are now subject to the energy-based dimension, this is one of the main criteria of everything you encounter in your everyday life: It serves you.  
This may read logically, but it is usually forgotten in everyday life, as you are used to a typically human life and so, you naturally see yourself and your life within the framework of human perspectives and evaluations.  
However, your life has changed now. Significantly changed. And so, it can no longer be viewed with purely human eyes and classified in purely human terms. It is important to be aware of this.

The human mind also likes to fantasize and think and if you are not aware of it, it often leads a kind of life of its own. If your mind is not busy, it analyzes your now or fantasizes about the future. It does this in its own materially based human way, taking your current now and imagining it as your future. A typically human approach that does not correspond to the energy-based dimension. Something the human mind is not aware of. However, you yourself would do well to be very confident and very familiar with the different circumstances and laws of the material-based and energy-based dimensions.

It can also happen that you know things based on energy and then your human mind gets caught up in this truth and begins to mentally fantasize happily. The resulting products will cause lasting damage to you. They confuse you and your path, require a lot of unnecessary strength and energy and slow you down in the long term.

Something that you should ideally also be aware of and that you should stop, as the human mind mixes the two dimensions with its actions in a very unique and unpleasant way.

The human mind serves you in accounting or driving a car. However, it no longer has any place in the design of your front once your holistic being has changed levels.

And as logical as the lines can now be read, I ask you to clarify within yourself very consciously whether you have mastered what has just been described sustainably in your current human life. If so, you will receive a clear and certain inner answer and you know. If this is not the case or if you are unsure, I recommend that you consciously allow yourself to be purified and clarified in this aspect until you have mastered it safely and sustainably.

If you don't take the topic seriously, you'll keep tripping over it in the future and it will slow you down. Again and again.

The energy-based covenant also serves you. First and for a very long time. It does this much differently than a human being can imagine, and so, it will help both of you if you consciously refrain from involving your human mind, analyzing it, “thinking it through” and burdening your relationship with all sorts of useless thoughts.

At some point in the energy-based fellowship you will reach a point where you know pure and clear: you are part of an energy-based covenant, and you are both subject to a common mission. And I recommend that, from this point onwards at the latest, you consciously let go of everything

human and instead let yourself be guided very consciously by your own inner, essential self. Notice all the feelings that the other person triggers. Take them very seriously and work on them consciously within yourself. Pay attention to every single topic that “triggers” you and work on them very consciously within yourself.

The energy-based covenant requires two pure, clear and secure counterparts on a level that has never existed before in the human habitat. Until you both get there, you have to do a lot of active things, which is important to be aware of. You then find yourself on this planet, far outside of everything a human being has ever been. At the same time, you need exactly this incredibly high level in order to live what you have set out to do as your global mission. Please don't try to solve your assignment mentally. You will know. At the right time for you.

In this book we talk about energy-based covenant and thus about a love relationship that is subject to the energy-based laws right from the start and therefore serves you in many ways. In an energy-based covenant you are no longer able to live your relationship as humanly as usual. Rather, it happens to you, and you are always together when it serves you (which sometimes means that you lead each other in clarification tasks or work on processing still

hidden inner injuries) and you don't see each other when you need times for personal work.

From the outset, an energy-based covenant cannot be handled or classified in purely human terms. Feelings come and go and from a purely rational perspective, some things don't fit. At the same time, you grasp your counterpart and know or suspect that, from a higher perspective, it fits perfectly.

In an energy-based covenant, it is your own inner knowing that guides you. Independent of external events or human analysis. On the energy-based level you know at all times and safely. Regardless of what may be happening outside. And the last phase before the final "human union" (I'll call the point that now), you need this level again very consciously so that you can move calmly and safely.