

# Becoming a Master

## Book 2: Synchronization

Susanne Edelmann, Lady Nayla Og-  
Min, Adamus St. Germain

## **Contents**

1. Introduction
2. Synchronization
3. Identifications
4. Human aspects
5. Projections
6. Solidarity
7. Feelings and emotions
8. Recognize and capture
9. Becoming a unit
10. Live safely
11. I am you and you are me
12. The Earth opens

# 1. Introduction

Synchronization usually takes place whenever two different systems meet and remain in the energy field of the other for a longer time. The two systems are approaching each other.

In Book one, we have shown the differences between material-based reality and energy-based reality. In this book, we will deepen these differences. At the same time, we speak about synchronization and thus fusion of the two realities. A condition in which we, together as embodied and ethereal pioneers, put into words and thus make tangible what will happen more and more in a few years on this planet.

Currently, it only happens in a few people and because this book has chosen you:

Be very welcome, in book 2 of becoming a master!

We are glad about your being here, but especially about the incredibly beautiful way, you are going. Even if you often find it very difficult to experience, it is, watched from the outside, but the way of a true master. Therefore, we offer you our great respect.

The energy-based laws are now increasingly taking up space, in your reality. At the same time, your consciousness expands, which, among other things, causes your perception and your mind to expand greatly and, as a result, you

repeatedly meet phenomena that you do not know. We also want to shed light on these situations in this book and give you some important clues to help you find your own good path with the extra new that is now flowing more and more into your life.

You are no longer the one who you were two years ago and we encourage you not to try this anymore. Even if your family and friends would like to have you there again, you have developed so much meanwhile, a back is no longer possible. Yet, not for certain situations, such as family celebrations, for example. Therefore, in this aspect too, a synchronization occurs: people in your environment increasingly grasp who you really are. Provided you stop bending, covering, matching or disguising yourself. It needs no (more) complicated explanations on your part. Nothing in your outside. What synchronization now supports is your full energy-based clarity. Your conscious lingering in your actual I AM and thus, a consciously stability of your actual oscillation frequency.

Some people have the capacity for empathy, and it is easy for them to immerse themselves in the reality of others. A gift that has often enriched so far, the respective people felt exceptionally well understood and thus, were often very successfully advised and supported. Well, since you carry both realities within you, this

behaviour increasingly complains. Each time, you dive into the materially based reality, trying to explain your current self, your current life, and your current perspective from this reality it lowers your current frequency. Furthermore, the others usually do not understand what you mean and your immersing into the reality of others blocks the synchronization process that would naturally occur. Because, considered energy-based, the respective lower oscillation frequency (material based) automatically adjusts to the respective higher oscillation frequency (energy-based) as soon as these two oscillation frequencies hit each other and spend some time together. Therefore, even at family gatherings, you do not have to do anything but keep your own current vibration frequency in mind as you chatter with your counterpart (without fully immersing in their reality). Hold your own reality stable inward and stay clear. Without discussing or even justification.

While reading, you probably recognize, you have to find your very own way in this matter. Yet, it supports you if you constantly stay in your own reality and thus in your own frequency. Knowing inside, you are the future and the lower frequencies will adjust. In time.

You are currently changing less and less by acting on the outside, and instead, by keeping your high vibrational frequency clear and pure inside. Every being that enters your energy field has

touched by it. Perhaps you are already experiencing it now: People are exceptionally happy to be in your presence. They feel intuitively comfortable with yourself. Without you talking or doing anything. Your pure and high energy-field makes people breathe easy and let them get in touch (again) with themselves. You probably cannot really grasp what immense benefit you are for this planet. If you like, you can sit on a bench in the centre of the village, keep your fundamental frequency of peace and love steady, and you change the whole village alone through this, your stable being.

Many of you are teachers and usually lived this gift in one form or another. Please consciously enter into the fifth and thus energy-based dimension with this gift. Let them cleanse there and then introduce yourself from the inside to the new form.

In material-based reality, you have often taught other people's thoughts, explanatory models or even beliefs. Theoretical explanatory models that were socially recognized. By doing so, you were there, each time a bit immersed in the reality of your counterpart and picked them up where they were right now.

Energy-based "teaching" now takes place in a completely different way. You and your vibratory field are your potential. On the one hand, your high oscillation field influences the oscillation field of the other. Dissolves old cinders, raises

the frequency and heals in a deeper and more effective way than most medical practice can do. Without you doing anything active in any way. Your clear and high vibration frequency alone works. At the same time, your energy field is also a disk. All of your knowledge, the essence of all your experiences, your wisdom, and your fundamental development are contained in it. If a conscious human capable of gathering energy-based information enters your energy field, it will inevitably benefit from your immense wealth of data and will receive consistent and valuable information. Again, without any active action or conscious teaching on your part. Just by being in your energy field.

Perhaps you now realize why we emphasize repeatedly how important it is for you at present to deal with yourself. To cleanse you and not only continuously increase your vibration frequency, but also to keep it increasingly stable and clear. This will make you a walking treasure. A treasure whose value cannot put into words.

Even if you capture those words and its truth. It will probably go through your head now: wonderful. Yet, this does not generate my very practical income. Personally, I have no profit whatsoever and no share in the wealth that I obviously create.

However, with that, you are wrong. Energy-based, everything that you create and sow flows back to you. This is another reason why we

encourage you to spend most of your time focusing on yourself and your (new) life. Asking questions, observing and thus, increasingly capture. Let go of all your norms and ideas in this regard and perceiving abundance in a practical way. Here and now. Enjoy its energy and pampering yourself every minute of your life. To listen attentively to yourself and make it your main concern to provide you with a comprehensive care, for that every moment of your being is a moment of fullness.

This abundance and this richness, held within you as the fundamental frequency, involuntarily draws abundance and wealth into your life through the law of attraction. Without any material based action on your part. Admittedly getting used to your materially oriented human mind. That is why we write about it repeatedly, let you immerse yourself in this new form of reality and invite you to allow it, in your life.

The earth changes its fundamental frequency. A condition that has an impact on everything that is currently living on it. At present, however, these effects are not very harmonious, yet multiply the various vibration frequencies.

Because:

Many people find it difficult to change and stick to their usual suffering and deficiency programs, and thus also to their usual low vibration frequency. Others, in turn, sense the light on the horizon, sprint and increase their fundamental

frequency with speed. Therefore, on the planet earth, the gap between the different fundamental frequencies is expanding more and more. A circumstance that brings with it manifold challenges. Challenges that you face now and that you are challenged to master as pioneers and responsible for the implementation of the new time here on earth in the form of creative and successful solutions. The challenge is that these solutions are out of touch with the hitherto experienced and you are therefore required to move in your thinking and fundamental pursuits, beyond the usual. An exciting affair. A way on which we would like to accompany and support you. On the one hand with this book. On the other hand, but also very practical, by means of regular - energy-based - contact, if you want. You mentally start a conversation with us and we will be your perceivable counterpart.

The time you are currently in is a very challenging one. Familiar breaks away and the new cannot be seen yet. Yes, honestly, you need an expanded consciousness to be aware of the new first. A consciousness that is not necessarily available to many people, yet. Now that you read this book means, you are one of those who will prepare the new ways. That you or one of the other pioneers will introduce and sustain the new, on this planet. For this, you need not only an expanded consciousness, but also an expanded

perception and an expanded human mind. Moreover, it is not enough if, as a single individual, you can grasp the new and use it for yourself. In addition, you will need the ability to process this new one so that the broad masses of humankind can understand and thus use. We can feel your growing enthusiasm and tell you: Yes, this task is so complex that you can finally use your full potential. Your consciousness has prepared you for these situations. Not only through the experiences, you made in this life, but also through various other lives on other planets that had similar problems to solve and you could see how they did it handle. All this knowledge you currently carry in you. In addition to the fact that you have acquired yourself in the course of your diverse lives on this planet. Even in the old high cultures such as the Mayas, Atlantis, etc. You have thus an extraordinary freestyle in front of you: tasks for which you are well equipped. However, they will still challenge you to some degree, so that pleasure and joy are included in this new job, which lays before you. You do not have to be further educated in any way. Everything you need for the next few decades is already in your overall system.

Synchronization means balancing the old with the new. You may also like to call it matching the new with the old. The third dimension, the living space you are currently living in, is a living space of separation. When the new appears, the old is

obsolete. Yet, in this aspect, too, something outside of the previous norm happens: The old remains, transforms and changes, and simultaneously expands with the new. Considered energy-based, a tremendously beautiful symphony is happening on your planet right now. The material based reality expands with the energy-based reality to something new, which carries its own intelligence and currently no one can really say how it will ultimately look and be. Not even, we ascended masters, who usually have a slightly wider viewpoint, can tell what the earth will look like and be in 100 years from now. We can create an approximate forecast, introduce you to possibilities, but realize, actually realize, you will do it yourself.

If you have already read Book 1, you have repeatedly referred to the differences between material based and energy based. One of the main focuses of the present time with which you now have to deal with. Yet, even if you have fully grasped and now increasingly live the energy-based mode of action, you still live and work in a society that mainly works materially based. A law that is increasingly changing and ultimately dissolving. This causes a lot of fear, because only very few understand, what is happening on this planet now. Your society will need a lot of teachers and mentors in the next decades. People who, watched from outside, lead a perfectly normal life. At the same time, however,

both in the energy-based reality, as well as in the material-based society can act effortlessly. Bridge builders so to say. People who seem to be like everyone else and yet are not. However, with their role model, they can lay a safe path, teach and implement the new modes of action in an understandable way and, with her light and her great love, give stability and support in this transitional period. A time, which is for many full of insecurity and fear.

Many of you have the desire to teach. To be an officially recognized master. If necessary, also to lead a good ongoing consulting practice. This desire bases on the inner knowledge of your actual and important task in this transitional period. Your human mind is now trying to visualize this desire within its known references. As a preparation for you, so that you can then realize this wish. Therefore, you feel constantly pressured to visit one or the other education or training or even change your job. At the same time, however, you also feel an inner “no” or already organized paths fall away in an inexplicable way. This may irritate you and sometimes even frustrate. You do not understand why you have this desire, which undoubtedly connect with your abilities in you, and yet you cannot live it. We encourage you to continue to carry the desire in your heart, knowing that it has realized in due course. Very different than your human mind currently

visualizes. Just keep going on your way, allowing your consciousness, perceptions and thinking to expand on an ongoing basis. Over time, you will understand more and more that everything will be much more different than you can imagine right now. At the same time, we invite you to realize that you already live your desire. Even if you officially work as a construction worker or nurse. If you recognise carefully you see how often you support other people. As you go about your everyday business, you are saying the right words to someone next to you, for example. You are very often a role model and encouragement for other people. Mostly without recognising it yourself. Some people ask you for advice. Others are looking for your closeness because being with you get them connected (again) with themselves.

Your human mind has clear ideas about what it means to live as a master, teacher and mentor. Yet, this idea is very far removed from what you will now live more and more. You still live, more and more, in fact and we invite you to recognize it.

Are you aware of this, it is usually not just joy in you. Sometimes you feel valued and think that if you had paid for your extra side-work, you could live the dreams you cannot realize for financial reasons.

If you find yourself in the described thoughts again, we welcome you to the fifth dimension.

The energy-based dimension. Although you are still moving in the material-based society, you are obviously already well rooted in energy-based reality. Here "work against money" does not exist (anymore). Your action is so precious it cannot compensate with money. This law of financial bartering also exists only in the materially based third dimension. Outside of this habitat, money is what it really is: energy that is freely and abundantly accessible to every being at all times.

Your human mind has still entangled in the material-based reality. Therefore, it sometimes only recognizes that the laws have changed when apparently nothing works. Please take a deep breath, connect consciously with your divine essence and let explain it what is different now.

You now get often in situation you do not quite understand and it supports you getting into an inner dialogue with your divine essence. The two dimension are completely different and you need the inputs of your divine essence for grasping what really is.