

Being Healed

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Content

1. Introduction
2. Partnership
 - 2.1 Teaching
 - 2.2 Healing
 - 2.3 Loving
3. Essential
 - 3.1 Material based versus energy based
 - 3.2 Safe
 - 3.3 Abundance of life
 - 3.4 Personal tasks
4. Love heals
 - 4.1 Working with high frequency forms of energy
 - 4.2 Love is the basis of your future abundance
5. Being healed
 - 5.1 Consciously supporting other people
 - 5.2 Being healed practically
6. Energy-based abilities

1. Introduction

**All living things
naturally strive
for a healthy life!**

And yet, so much is sick in our current society.

All living things naturally strive for a healthy life and many people long for holistic salvation and a healthy, essential and natural life.

However, the current outside often seems to have excessive force and power and repeatedly imprints negatively or limits life. Yet, the current outside is sometimes even harmful without those affected being aware of it. And so, it seems to be a long way off, for most people, the longed-for holistically healthy life.

All living things naturally strive for a healthy life and the corresponding guidance lies in the respective living being itself. But human society sometimes prescribes that the solution lies outside and the way to holistic health must be sought with the appropriate specialists. And so, many a person loses his own essential way on the search for his holistic health and gets on the wrong track that doesn't really serve him.

All living things naturally strive for a healthy life. And it seems to us that it is about time that people become much more aware of this and give the topic of actually being healed a proper place: in their own lives, but also in human society.

However, this does not happen by itself. Therefore, we address this book to you: highly developed person, pioneer and teacher.

People need teachers. Teachers, who actually are capable of teaching. Teachers who have a high level of personal development, an open awareness and high integrity. Teachers who truly teach and thereby strengthen other people, lead them to self-empowerment and support them in leading a truly fulfilled and healthy (because essential) human life. Their own truly essential and healthy life. Something that looks different for every single person.

People need teachers. Teachers who have a large natural size. Teachers who are there when they are needed and are gone again when the respective person can continue walking on their own.

People need teachers. Teachers who inspire and empower in a lasting way. Teachers who are able to impart pure knowledge clearly and simply. Teachers who have permanently dissolved their

own ego and at the same time left a lasting impression.

This book is specifically aimed at these teachers. And if you belong to this group, you know this inwardly pure and clear. If not, this book will not enrich you. It's not written for you. If, on the other hand, you know that one of your future tasks is teaching (in the sense of the lines formulated so far), the book is written for you personally. May it serve you, strengthen and support you in the conscious preparation time for a future task.

Most of my previous books have emerged from a conscious collaboration and thus from a conscious teamwork. I have co-developed with highly evolved humans who have the ability to consciously travel through their astral body and (energy-based) work and communicate with other incarnations. I then translated the resulting (vibration-based) construct into human words. Most people cannot imagine that something like this is actually possible, but in fact the ability described depends solely on the (high) level of personal development, the completely open awareness and of course a corresponding openness, a portion of curiosity and a large basic trust.

The personality known among men as "Lord St. Germain" is humanely embodied in the same country as I am. He lives (like me) a thoroughly human life and is part of human society as a normal person. We are both so highly evolved and highly conscious that we are able to consciously travel with our astral body. We both have a strong connection to the planet Arcturus and its inhabitants and so we each travel to an "outstation" of the planet Arcturus, which people call "mothership". We find the vibration frequency and the holistic atmosphere there to be very pleasant, and Arcturian incarnations also let their knowledge and skills flow into the respective books from time to time.

I translate the "vibrational constructs" we create into human words, and this sometimes makes the grammar of the books seem a bit bumpy. At the same time, however, the formulations (including the rhythm they contain) usually add the vibration aspect and this helps the reader to grasp not only the meaning of the words, but also the "big" (I call it that) behind them. All of our books are deliberately aimed at (very) highly developed people. They are not written for the masses and sometimes the introduction or the appearance is deliberately designed in such a way that it is the law of resonance that decides who actually reads the books. The content honestly can only be grasped by highly evolved people and only serves them. A book should

support, enrich and serve the reader in many ways. Everything else, I personally feel as empty and just a nice time filler.

This book was also created in the form described. A very proven and fruitful cooperation, as we all think.

As a human being you live permanently insecure, in a certain way. And so, it is imperative that you are able to assess situations and people. You analyze, reflect and verify. Something you desperately need in the human habitat. It also seems to me to be fundamentally important to use common sense in new situations and to be too cautious rather than gullible.

Well, we who are involved in these books all have a level of personal development above that of an (Ascended) Master. A level of development that most readers do not have. Naturally smaller beings can only partially verify a naturally larger being. In addition, we humanely embodied members clearly do not represent and live what people imagine an Ascended Master to be and so we do not have any humanly verifiable professional titles and are therefore only relatively verifiable as authors, somehow. The content of the books is also "extraordinary" and usually cannot be "cross-checked" because much of it cannot be read in other books.

Furthermore, the knowledge that you acquire through the written words is only a small part of the content contained in the books and you must necessarily have an energy-based expanded perception in order to also receive the rest consciously. A remainder that again cannot be checked humanly cognitively. A somewhat challenging story, so.

You must and should check anyway. An absolutely important aspect of self-empowerment: check fundamentally and check very consciously.

On a materially based level, when you encounter something new, unknown, you search for right or wrong. For example, you are trying to check the professionalism of an author, etc. It is therefore a question of right or wrong.

On the energy-based level, on the other hand, it is the intention, and the result achieved which count as a criterion.

Since all our books are energy-based books, it is important to pay attention to the intention, the motivation of the books. The attitude behind a thing or action can be recorded at any time based on energy. From our point of view, it is love that motivates us. Whether a book was right can also be checked at any time on an energy-based level based on the consciously experienced effects on you as the reader and thus the benefit for you and your life. The main

focus of our books is therefore on the personal benefit of the reader. The books should enrich you (many times), otherwise they are wrong from an energy-based point of view.

You can check the content of our books at any time using your energy-based expanded perception. There, at that level, you intuitively know. You know: Yes, that's right. Or you know: that's not right, somehow. Our books are all energy-based books and thus serve on different levels. Many of these contain human fictions. They do this very consciously with the aim of dissolving these fictions more and more. This happens with every conscious reader who is irritated by the listed realities, who consciously questions and checks and then also grasps the fictions as fictions. A sentence later there may be a strong truth that enriches you greatly and that you personally need for your next tasks. The content is thus colorfully mixed and therefore also requires your high level of personal development.

Our books are not ordinary books as you have come to know them. They are all energy-based books. Outside the previous norm and therefore behaving differently. You can't handle them like you usually do with books. It is imperative that you capture them in order for their content to serve you. Ideally on as many levels as possible.

And so, please consciously check if you need the contents of this book. You find the corresponding answer within yourself, in the form of a conscious inner knowing. If you don't have an inner clear "yes", put the book aside, it won't serve you well. If, on the other hand, you have a clear inner "yes", we are happy to accompany and support you on your very personal path!

With this in mind, best wishes to you

Susanne Edelmann, Lady Nayla Og-Min, Lord St.
Germain, Ovid

2. Partnership

A partnership in the human context is defined as «A connection between two people, systems or countries for the purpose of mutual benefit». A connection that, from a purely economic point of view, brings benefits to everyone involved. Well, all future tasks can be embedded in this context to a certain extent: No matter what you do for the benefit of others, it always serves you as well. At the same time, the roles and thus the respective tasks and responsibilities are clear. And this can also be seen in the setting of the future tasks: You alone are responsible for your part. Your respective counterparts are at the same time fully accountable for their share. Regardless of the setting.

It can thus be formulated:

**Future tasks will
always take place in the context
of a partnership.**

With "future tasks" being used as a synonym for specific (and new) energy-based tasks for certain highly evolved and again fully conscious humans in this one time. Something we've covered extensively in several of our previous books.

Therefore, if you work in “future tasks”, you are solely responsible for your own part and your respective counterparts are fully responsible for their part. Regardless of whether they perceive this part or not. At the same time, the respective compensation (or return) for your respective work does not necessarily take place in the form of money. This is also important to note. However, if you are open and consciously observe, you will be able to consciously recognize the respective (perfectly tailored) return at any time.

In the context of human living space, you generally need a conscious mandate to work. Either the data subject himself, an (authorized) third party or a corresponding institution. Therefore, as a rule, you don't work without being asked. You need a conscious order, thus. However, if your being then changes levels and you are subject to the energy-based laws, you begin to act according to them and here, you work according to an inner clear and pure impulse / knowledge. You know and you do. From a purely factual point of view, viewed from the outside, this setting is also a conscious order. It is your own inner essential self that gives the order. Regardless of whether you receive a corresponding order from outside (which may well be) or not. A slightly different starting point, thus. One that repeatedly unsettles and challenges you at the beginning because you try

to place your actions in the context of the materially based human living space. Something you sometimes succeed, but very often you don't. And so, it helps you if you understand that you are now increasingly subject to new circumstances and often also new laws and also consciously include them in your very practical life.

Because you will encounter the new circumstances until you understand them and have learned to trust them. In the context of the assignment just described, this means: You know, and you do. It doesn't need more.

Over time you will then increasingly act based on (positive) experiences. Experiences that showed you that what you did was right. Experiences that you visibly lack at the beginning of the new. And so, during a certain transition phase, you have to consciously start walking into the unknown. Step by step. Mindful and conscious. In close exchange with your own inner essential self. Consciously observing what you are doing in each case and thereby understanding better and better that what you are doing is right.

A human being has a natural urge to "do right." Therefore, your novelty must feel right to your human self, ultimately. For this to happen, your human mind must understand and comprehend. And this is ideally done in a very practical way by means of positive (practical!) experiences.

On an energy-based level, whatever you do, you always function in the context of a partnership. This means:

- You are solely responsible for your own part.
- Your respective counterpart bears full responsibility for his part.
- The respective return flows to you automatically. It doesn't matter whether your counterpart fulfills his or her share or even realizes what you've done great.

With your skills you will very often work within the framework of an economic agreement "service for money". Quite officially due to an order. However, you will work just as often without having a specific (external) mandate and without your actions being integrated into an official economic setting. And you will (also) have to get used to that. In the near future, we will be publishing a corresponding book, «The Energy-Based Dimension of Money», which is intended to support you in understanding the energy-based dynamics of money even better and, of course, in being able to use it consciously. However, by connecting to the energy-based level, you will become increasingly «money-independent». Something that also needs to be increasingly grasped, now, in this phase that you are in right now. This is also

ideally done by means of conscious positive experiences in this regard.

Everyone is fully responsible for their own thoughts and actions. He is also fully responsible for his own life and how it is shaped in this regard.

If you start to act energy-based, the aspects described so far are the framework conditions for your future work.

2.1 Teaching

The energy-based form of teaching is also subject to some additional parameters:

- Teaching encourages conscious self-empowerment.
- Teaching serves to consciously grasp certain circumstances or contexts.

Therefore, the energy-based teaching looks repeatedly different from the usual teaching in human society. If you have the ability of energy-based teaching within you, it has been with you for a long time, and you have probably been practicing it for a long time. That means you do or give out of a clear inner impulse, very often without an external mandate. Or you live out a certain sequence very clearly and by doing so, you illuminate a certain social topic, which then