

# Light-based work: Volume 1

Basic knowledge

Susanne Edelmann

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## 1. Introduction

This book is very consciously aimed at those people who feel within themselves that they will heal human systems holistically in the coming months or even years. It might be more of a feeling, at the moment. An unspecific inner knowing that has somehow accompanied you throughout your current life. At best, you have already done one or two things in this regard, witnessed many a resounding "healing success" and at the same time, you have never achieved what you really wanted to live. The time was not yet ripe for that. Not in the human living space (and thus with the people themselves) and not with you.

Well, the time has changed significantly and so, now, it begins to form continuously what was previously a bit in the fog.

In order to be able to work in a light-based way, you need an extremely high level of personal development. Something you intuitively know within you once your own consciousness has expanded and you have your full energy-based / expanded perception ability back. At the same time, you must have acquired the title "Master of Light" in one of your former lives. Something you also know pure and clear within you, if so. If you don't know for sure yet, consciously allow yourself to receive a corresponding (certain and clear) answer within yourself in the next few days. There are no external certifications on an

energy-based level. Rather, here is. That which actually is. And if you yourself have the title «Master of Light», you know this clearly within yourself, provided that this is actually the case. If so, any fully conscious and highly evolved human being able to perceive purely and safely in an energy-based way will also clearly know this. On an energetic level, you cannot pretend to be what you are not. Something that you may have to experience first before you know it in depth.

The energy-based dimension is another, additional level of being. And as your own ability to perceive begins to open, you become increasingly aware of this level.

As a rule, it attracts you more and more and that's a good thing, because you (ideally) start to deal with it very consciously.

The energy-based dimension is very different from the material-based dimension you are so familiar with. Therefore, I encourage you to deal with it extensively and very consciously. As long as you have grasped them in depth.

You have to know the energy-based level of planet earth very well if you want to have a light-based effect in the human habitat. Light-based work builds on the basis of energy-based work and is therefore, from a purely factual point of view, an extension of energy-based work. And so, ideally, you also know the active form of energy-based work in all its diversity, both in

theory and in practice before you start working with light.

Light-based work is also interwoven with vibration-based work and so, your energy-based knowledge is honestly not enough to be able to work with light in full power. For this reason, in this first volume of the book series, we not only look at the human body from an energy-based perspective, but also at the vibration-based level and the vibration-based effects.

Light is an extremely strong and powerful “form of energy”, and the average human body can only relatively handle light in its purest form. Therefore, your current human body will naturally remodel itself into a light-based human body if you yourself have the title of Master of Light and have given yourself the task of working light-based in this one human lifetime. Said transformation is not always so easy to understand and, in particular, not always so easy to bear. If you want to delve deeper into it, I recommend the book "The Light-Based Human Body". It will help you to understand comprehensively.

The transformation of your human body into a light-based human body not only allows you to effortlessly work with light it also, places you under the control of the ninth dimension of planet Earth. This connection offers you

additional support for your light-based work, but honestly also has some side effects. If you want to consciously delve into this topic as well, you will find what you are looking for in the book "The Ninth Dimension".

However, in order to actually be able to work light-based, in this one human life span, you ultimately also need the official ok. of the Council of Light. Something you also know pure and clear within you, if that is the case.

At this point I also allow myself a very conscious one **digression**.

You've had many human lives by now. This with the conscious goal of mastering the materially based human living space and thus getting to know it very well. You had yourself and thus your true being with you in each of these human incarnations and so, you probably also had the ability to heal people and the longing to consciously use this gift, always in a way with you. Many highly evolved humans have healed over the last few centuries. And many of them have paid high prices for it. They were cast out, demonized, and sometimes killed because they were capable and consciously used their abilities for the benefit of other people. A very ugly story.

And if you feel as you read the lines that the words touch you personally, consciously allow any relevant experiences from previous lives to show up to you consciously, so that you can consciously dissolve them and thus be lastingly free in the subject.

In addition, very consciously work on all fears, concerns, prejudices, feelings, and thoughts that arise in you in the area of "healing" in the next few days. People can very often be very bad with actually capable people. Therefore, it can also be the case that you have experienced some unpleasant things in this one human life. It is important to be very aware of these experiences as well, so that you can consciously dissolve them. Face everything that shows up in you in the next few days. Embark consciously in an inner honest dialogue. You have sacrificed yourself many a time for the sake of other people. This can be behind you, now. And when your holistic being begins to connect to the energy-based level, self-sacrifice is no longer possible, honestly. Something that you have to experience very practically in order to grasp in depth.

As soon as you have completely dissolved guilt and shame within yourself, it is no longer possible to accuse or even condemn yourself on the outside. And you also have to consciously move this within yourself, consciously



experience it several times and deal with it until you have captured it in depth and can therefore be calm about this topic. Light-based work is incompatible with lack, negativity, fear, insecurity, or worry. And so, it is considered a conscious engagement with the subject to become aware of it and to consciously process everything in this regard and thereby consciously dissolve it.

You have achieved so many great things in your last few years. You were happy about it and wanted to do something bigger. And at the same time, a kind of veil was drawn over what was happening and only you seemed to realize what a great thing that had just happened. It irritated you. And you questioned yourself too. Maybe now, you realize why what happened has happened. You were not yet fully connected to the energy-based level, you were not yet fully conscious, you had not yet resolved some of the old and burdening experiences in the field of healing and you were still missing some additional skills. And so, it was for your own protection. You weren't completely ready yet! At the same time, you needed the experiences for yourself in order to increasingly grasp the direction in which your human life would move.

You long to heal people. You long to use all your diverse gifts for the benefit of other people. And this time, in this one life, this should happen on a different, new foundation. Your gifts have remained the same. You can still do great things. At the same time, this time your personal protection is central and stands above everything else. And, since you are connected to the energy-based level, meanwhile, you are also subject to the energy-based laws. Not only does this provide you with additional protection, it also, ensures the appropriate compensation that you are entitled to for your great work.

It will happen differently this time, so. And at the same time, I strongly recommend that you consciously work through everything that you have gone before and consciously dissolve it. And, at the same time, to consciously deal with your (multiple) abilities until you always know for sure, what you are doing when and why. Nobody on the outside has to understand you. You, however, must know for sure at all times. Another basic requirement for your safe work. It will also help you, if you get used to a certain code of your own and only heal consciously, if you have a secure inner order to do so. The more successful you are, the more important this aspect becomes. You can't heal everyone. You never could. Every person is subject to their own inner life plan, and nobody can change this on the outside. However, people have their own

ideas, and they will apply them to you as well. You must therefore be able to know for sure at all times and to act safely at all times.

Light is a unique and beautiful "form of energy". And when you meet it for the first time, it will touch you deeply. At the same time, you need to be aware of certain aspects and skills in order to be able to work effectively with light, and I would also like to deal with that in this book.

In the conscious and active engagement with the energy-based dimension, you have – hopefully – very consciously acquired the ability to “read” energy signatures with certainty. Names do not exist at the energy-based level, so it is imperative that you are able to read energy signatures pure and clear in order to know who you are dealing with in your counterpart. Forms of energy, forms of oscillation and ultimately also light have their own energy signatures and can be easily distinguished and recorded in this way. And you probably guessed it: For your light-based work, you not only need the ability to read energy signatures effortlessly, you also, need to have grasped the topic in depth and thus mastered it.

And so, in a first sequence, let's once again delve into the topic of energy-based perception. By doing so, I allow myself to structure something. The aim is to support you in being able to consciously teach the subject to other people at a later point in time.

## 2. Energy-based perception

As a person's perception begins to expand, they begin to perceive the energy-based dimension of the planet. This happens in a first phase, mostly in an unconscious way, and then leads to some unrest, which actually shouldn't be if he (and his immediate environment) were aware of what is happening.

If a person's perception expands, he also begins to perceive energy-based. He no longer just hears words, sees body language, and smells the person standing opposite him. Suddenly he perceives more. Thoughts? Feelings? Condition? intentions? Dishonesty? To be honest, it's hard to classify at first. The fact is, suddenly there is more. Much more.

Only who confirms what is there so suddenly in one? And where can explanations for this be found?

At most you recognize; the human living space urgently needs capable and actually knowing

people in the next few years. People who are able to teach purely and actually empower.

Well, what can be perceived energy-based?

There are:

- Forms of energy
- Energy fields
- Overlays
- Basic attitude / intention
- Vibration frequencies
- Energy signatures
- The essential self of a person including his abilities
- Possible future options of a person or a system
- Truth (the respective here and now in all its authenticity) and possible solution options
- Lots of realities

And we would like to deal with this in more depth in this first chapter. Yet, I would like to point out to you at this point that it is not enough to read a book on a topic. You have to go deep to really know. And for that, you need practical examples and a conscious examination in and with yourself. This is ideally done under the guidance of your own inner essential self.

When a person's energy-based perception begins to open, this is both a blessing and a challenge. The energy-based level was always there and thus, it was also always there, which said person is now suddenly beginning to consciously perceive. In him and around him. Nevertheless, this is rarely discussed, in the current human society and if it is, then this is covered with all kinds of explanatory models. Explanatory models that were mostly developed by semi-unconscious people from a semi-materially based point of view and are therefore not pure or sometimes convey their own fictions. Fictions that have little to nothing in common with the actual, thus.

Therefore, I would like to take the liberty of giving you another hint at this point: It is up to you to examine very consciously. Also, the lines in this book. Move and examine until you know pure and clear.

However, since the topic is an energy-based story, you need an open and conscious energy-based expanded perception, an open awareness, conscious contact with your own inner being and the conscious guidance of your own inner essential self. Your human spirit and your common sense will only be able to help you relatively, in the described topic, but check them on the basis of materially based data and facts, technical qualities of the respective author or relevant cross-references. All of this cannot be

found, on an energy-based level. Here you need the ability to “consciously grasp” and then, over time, also to “consciously know”. Abilities that cannot be explained to an average materially accustomed person. They are beyond his ability and so, he has to imagine them cognitively if he wants to understand. And yet, he still doesn't understand.

If a person (also) has an open, expanded and therefore energy-based perception, he perceives much more comprehensively and usually reacts much more comprehensively. Completely understandable for every other human being who is also like himself. Very often very irritating for an average purely material-based perceiving human being. And if the lines appeal to you, consciously allow your previous biography to be clarified in this respect as well.

- Allow yourself to deeply grasp why you have always been somehow different.
- Allow yourself to realize that you have spoken truth many times.
- Allow yourself to embrace your own greatness, purity and integrity.
- Allow the many insecurities to show up because your fellow human beings have emphasized that things are different. And in doing so, have accused you many a time.

You've always had abilities that those around you didn't have. You have always acted differently as a result, to a certain extent. Further, bigger, more comprehensive, more suitable and therefore extremely correct. Your fellow human beings could neither grasp nor deal with it. This made you doubt yourself. Perhaps you have also withdrawn more and more from human society and sometimes described yourself as incapable and unworthy. If these lines resonate with you, please consciously allow everything related to this to be clarified in the long term, in your holistic system. Allow yourself to be free of all the old baggage. Allow yourself to fully know who you are. And then, look yourself in the eye very consciously, appreciatively and respectfully.

**Energy-based you can only  
review based on energy.  
Logically, actually.**

And for that, you need an open and conscious energy-based awareness. At the same time, people who do not have an open and conscious energy-based perception repeatedly allow themselves to describe the energy-based dimension, to comment on energy-based actions or to judge energy-based books. They do this as a matter of course that is alien to any highly