

**The  
Wisdom  
Of  
Atlantis**

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# 1. Introduction

If you are looking for answers, in your life, you mostly, look outside. You read a corresponding book or search the World Wide Web for helpful articles. You book a workshop or a counseling or, you ask people in your immediate area for advice. All of this may support you. Ultimately, however, you are now on a personal level of development, where you have access to full wisdom and therefore, no longer need answers from the outside.

No one outside, can tell or guess what is right for your here and now. Nobody, can decipher why you are currently experiencing, what you are currently experiencing. No one can point out the diverse learning tasks, your current situation includes. Yet, no other human can grasp all the additional personal gifts, which this one situation, that you are experiencing, contains. It is you alone, who knows. Yet, it is you alone, who is able to recover the treasures, hidden in this one circumstance.

If people experience themselves in an uncomfortable situation, they often, start complaining. They become anxious and worry very quickly. Mostly, people look for a solution that resolves the uncomfortable situation as quickly as possible or they search for someone outside to help them resolve the unpleasant state. People thus, often, behave in an "autopilot-like function" and by doing so, they

are not aware of how much valuable, they are missing with their behavior. Not only that other people's proposals for solutions usually do not really fit. Rather, each moment of your life contains a multitude of experiences, learning tasks and all sorts of very personal gifts. Most people are currently, far too little aware of this. Therefore, we encourage you, immersing very consciously and very attentively into your respective now. Yet, by doing so, allowing that it might reveal to you what it contains (in terms of wealth). Personally for you!

Many people have a habit of rushing forward and thereby, they often, miss the immense wealth that their now contains. A wealth that only reveals to you, when you become calm and present and fully immerse yourself in what is currently there. Enjoy it. Dive consciously into its depth. Explore and allow. This one moment, which is, here and now. It wants to serve you, support you, enrich you and teach you. You (usually) do not need an outside teacher. It is your here and now, which teaches you. This one moment has perfectly composed for you. You do not (usually) need other people to support you. It is your here and now, which supports you. Yet, at the same time, completely nourishes and enriches you. Be consciously present in your here and now. Recognize all of its facets. Let yourself have surprised and enriched.

People are often in their own heads. Sometimes, with the focus on other people and their lives. Sometimes, with any other topic (which usually does not concern them personally, honestly). However, honestly, this behavior is a diverse distraction. A distraction that prevents you from being fully present in your own here and now. It is your own here and now that matters. It is your own here and now that requires your full attention.

Please do not just read on, now. Rather, stop and put the book aside. Let your own inner divine self show you the wisdom behind the lines you have just read. Probably, this will keep you busy for a few weeks. Yet, then, you will have grasped and will be able to be fully present in your here and now at any time. One of the very important basic requirements to receive the treasures of Atlantis and to be able to use them afterwards. The following weeks therefore, have used more than wisely. Even if it may seem a little strange to your human mind.

“We” are in this book:

**Susanne Edelmann**, human embodiment of Ascended Master Lady Nayla Og-Min. Susanne is fully aware of herself again and from a human point of view has various consulting training courses. She is a freelance consultant, mediator, supervisor and adult educator and the writer of this book. At the same time, this book has been written in the form of conscious teamwork.

**Lady Nayla Og-Min**, Ascended Master, often embodied as human, but also in various other areas of life on earth, and in the universe. Lady Nayla has spent many lives in ancient Atlantis (among others as priest Nemur or priestess Aklesia) and has acquired a broad Atlantic knowledge.

**Ovid**, often embodied in the old Atlantis and also afterwards, embodied a few times as a human being. He also has the status of an Ascended Master. Currently, he has embodied as an Arcturian and an active member of the Galactic Federation of Light.

**Hilarion**, member of the Council of Light. Embodied once as a human being. Currently living in the non-embodied form in the ninth

dimension and repeatedly active in the service of the Galactic Federation of Light.

**Lord St. Germain**, Ascended Master, well versed in the field of human awareness. However, at the same time active in various universal areas and tasks. Lord St. Germain is now, brand new, embodied again as a human being. Another, of its many human lives. Yet, he too, has spent many of his lives in old Atlantis.

**The Atlanteans**, a collective energy that has preserved the knowledge of ancient Atlantis on earth.

May this book serve you!

Cordially  
Susanne Edelmann, Lady Nayla Og-Min, Hilarion,  
Ovid, Lord St. Germain, The Atlanteans

## 2. Wisdom

Before we turn to the wisdom of ancient Atlantis, we must first, speak about wisdom in general.

- What exactly, is wisdom?
- What does wisdom mean to you, personally?
- What exactly, are your expectations for this book?
- Why are you holding this book in your hands, now?

Important questions that all relate directly to the topic of wisdom.

Ultimately, wisdom is your very own personal knowledge, skills and experiences. Ultimately, wisdom is what you have acquired in the course of your many lives. Yet, with that, this book joins the book "Atlantis in us" and devotes itself in depth to the aspect of the collective Atlantean wisdom of that time. Yet, in particular to bring you more personally in contact with your very personal wisdom of that time.

Wisdom contains your awareness, your (pure) character traits, your ability to control and your self-discipline, your ability to deal with power purely and clearly, your ability to grasp truth and to use this ability for the benefit of all. Yet, since you strive for it, very personally, you are able not

only to have it fully available (again), but in particular, to use it for the benefit of all.

Wisdom includes power. Great power, honestly. Therefore, we invite you to pause again consciously. To put the book aside for a moment and, in a conscious exchange with your own inner divine self, to allow it to point out possible inner impairments in the area of power. Allow consciously that the topic may clean up completely, in your holistic system.

You will have power and you will act in power. Very consciously. For the highest and best of everything that is. Yet, for that, you need a holistic system that has have clarified in this regard.

As a rule, in one (or more) of your previous lives, you met various ugly aspects of power. In some of your lives, you may even have died for accepting and living your natural power (of healing, for example). This has left its mark on your holistic system. Even if you are probably not aware of it, here and now. Therefore, it can happen to you that in the context of the clarification process described above, one or the other old life will consciously show up again and point out any aspects of the injured power. In doing so, it shows up completely. Then, it dissolves completely and therefore, heals completely. A basic requirement for you to be

able to accept your full power. Consciously, purely and comfortably.

We are aware that the clarification process in this regard is not an easy one and demands a lot from you. We are also aware that you have gone through some of these clarification processes over the past few years and that you are now, somewhat fed up of them, honestly. Now, it makes no sense, however, to resume your active life, to pause the current process and then to continue later. You and your extraordinary skills have needed urgently! Yet, for that, you need a clear, pure, safe and stable foundation.

There are three other things you also need.

**Cleaned and clarified finances and the inner certainty that from now until the end of this one human life, you will always have financial abundance and a financial strength adapted to your natural size.**

Again, allow conscious cleaning and clarification until you have the security and certainty described.

You need a holistic, secure and stable foundation. Yet, even if you would rather hurry forward sometimes, it is very worthwhile to pay the necessary attention to every single aspect of your very practical life. Consequently. Please do not hurry now! Rather, sit down very consciously

in your favorite armchair and allow the area of finances to have cleared and cleaned completely. That afterwards, sustainable financial abundance can have implemented in your life. You do not have to do anything active for that. The time of "generating money" has long since passed. Rather, it requires a conscious opening and allowing. It requires a conscious decision of letting something arise. In its very own way. Something that most people find difficult at the beginning. Yet, if you want, you will get used to it. Allow (hourly if necessary) consciously that the new may develop to your own highest and best. Until you are completely well nourished and safe in every single area of your life. Only then, you will be able to use the (global) power that has now, given to you, more and more.

You can now, increasingly perceive it: in your mind, in your heart and in your very practical experience. You as a being take up the place and tasks for which you have entered this one life span. Your personal tasks are fulfilled, all your areas of life in full and you personally are in your natural size (again) and thus, in conscious possession of all your natural abilities. If you start to take on your (new) tasks, you will do so, with great authority. For your own personal protection, most of your fellow human beings can only perceive a small part of your actual work. Yet, even this (small) aspect usually makes

a big impression. Therefore, you suddenly face another personal challenge.

**The conscious acceptance of your full size and your full power.** You may have already done this for yourself in a very personal decision. However, if your size and effectiveness starts to unfold completely and thus shows visible effects on the outside, this usually, challenges you again. Most people struggle with greatness and great people and as a result, you may have confronted with so many unsightly behaviors of your fellow human beings in your life so far. Experiences that have had a lasting effect on your here and now and possibly led you to prefer to work in secret. However, you now, reach a level of action, which can no longer have hidden. At the same time, however, happens protection at all times. A new situation, which you will probably have to get to know in a practical way until you grasp it in depth. Nevertheless, your work and your personal size are now becoming increasingly apparent. Therefore, we encourage you to allow complete cleaning and clarification in this area too. You experienced many bad things. Also in the aspect of your personal power and your individual size and if it feels right for you, allow yourself in a conscious decision that it can have completely and sustainably resolved, also in this area. So that, you are free from the old.

Well, your fellow human beings (including their often, unpleasant behavior) have not necessarily changed as a result. Thus, we take the liberty of pointing out another important aspect of your power.

**You are now, complete creator of your own reality.** Therefore, we recommend that you do not silently expose yourself to the (unhealthy) behavior of your fellow human beings, but rather actively and consciously help to shape them. Like many things in human life, this happens through a conscious process. Start consciously dealing with any reaction from your fellow human beings. At the same time, one or the other old unsightly experience will touch you again and thus, offer you the opportunity to process them consciously and then, dissolve it sustainably. If you have done this consciously, just as consciously create the reality that you personally find beneficial. You will “heal” in great power, for example and initiate some incredible “miracles”. Spoken in human words. Meanwhile, most people will not be able to grasp how incredible great things you did. Still, what they grasp (most, only one small aspect of it), amazes them. You will do this.

**How do you want your fellow human beings dealing with it?**