

# Vibration-Based Work

Volume 1

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# 1. Introduction

To most people, the Earth currently appears to be a (well known) single living space. However, this is not the case. The Earth has four different dimensions and nine different habitats. Thus, what appears to be a “whole” to the average person is just a small part of a much larger whole. The fundamental frequency of planet Earth is currently increasing, and this in turn causes that the fundamental frequency of the individual habitats and their inhabitants is also beginning to increase.

If the fundamental frequency of a living being increases, its consciousness automatically begins to expand. And so, people are becoming more and more aware of:

- Who they actually are at their core-being.
- Of the many human realities / fictions.
- Truth.
- The energy-based dimension(s).
- Their previous lives and their diverse abilities (from their other previous lives)
- Their essential needs and their essential tasks.

Now, as a human being, as soon as your consciousness begins to expand, you encounter a lot of human realities / fictions. Ideas and fantasies that are often referred to and taught as truth in the human environment and thus can initially be perceived as “correct” even with energy-based perception. Most of the people whose consciousness begins to expand are not aware of this fact and so, their human life very quickly becomes a very troubled life. You may already have guessed it: the next few decades will urgently need capable and fully aware teachers. Highly developed people who have mastered their own path of complete awareness sustainably, are able to grasp purely and clearly and are thus able to accompany and empower other people in a purely and clearly way.

**It's not about you teaching people  
the one correct truth,  
it's about enabling and empowering them  
to grasp truth confidently at all times.**

Well, teaching is one thing. The conscious use of all your essential skills is another. Both aspects are part of this book.

At this point we would like to point out again: Please carefully check whether reading the content actually serves you and whether you need it. There is no point in feeding the human mind with things that it does not really understand and are not good for it.

This book, like all of our books, is an energy-based book and so, you need your expanded energy-based mind in order to understand the content and then be able to implement it. You absolutely need your energy-based expanded perceptual abilities and a comprehensive understanding of the energy-based dimension, so that you understand the content of our books and that they can support you. Our books cannot be read as if they were material based usual books and you have to be aware of this fact.

We cannot teach you vibration-based work. However, we can support you in having it fully available again, provided you have acquired it in your previous lives.

The book also contains various illustrative examples that help your human mind so that it understands the topic more comprehensive. Conscious vibration-based work as a human being in the human living space is a novelty and so, there are a lot of things to keep in mind when it comes to the topic. We would like to talk about that too.

“We” are in this book:

Susanne Edelmann / Lady Nayla Og-Min, Lord  
Luca / St. Germain, Lord Ben Josef und Lady  
Serena

May the book support you. You, personally!

Sincerely

Susanne Edelmann / Lady Nayla Og-Min, Lord  
Luca / St. Germain, Lord Ben Joseph, Lady Serena

## 2. The vibration-based dimension

The vibration-based seventh dimension is a part of Earth, just as the material-based third dimension is. People act as if their living space were the only living space on the planet and thereby often behave like rulers and kings. An extremely ugly story, viewed from the outside. One that is now expected to dissipate over the next few decades. Not only the remaining inhabitants of the earth, but also the inhabitants of a large part of the universe agree on this. There are currently an increasing number of highly developed people in the human habitat. Said people work hard to achieve complete awareness as quickly as possible and thereby consciously make positive changes on the material-based level of the planet.

We are currently (March 24) so far that we can once again move a large number of angelic beings to planet Earth. They are all in a very high vibration frequency and meanwhile, are also masters in the area of stabilization. This will help increase the planet's vibration frequency quite a bit more and at the same time, dampen the resulting side effects as much as possible.



In the next few years, many people will die and thus, leave planet Earth. They are not good for the planet; we cannot use them here at the moment and so, the Council of Light has agreed that they must go.

If a large number of people die, this causes fears and all sorts of fantasies. Fictions that officially are sold as truth, attempts at manipulation, unrest and control strategies. We are very aware of this. Therefore, with this book, we would like to reach and inform as many conscious people as possible so that they can consciously contribute to their current location and use the next decades to create a change process that runs as calmly as possible.

Things will be restless in the human habitat of planet Earth over the next few years. And, in some cases, a lot of people will die and thus leave the planet. The other inhabitants of planet Earth no longer wanted to endure the misery of human living space, and so, their request in this regard was granted. The next time will be restless, in the human habitat. Yet, at the same time, it will also significantly relieve the human habitat and its inhabitants.

At the moment, it may still sometimes seem as if despots and sick rulers have a free field with their acting. However, you will now see more and more that they will eventually kill each other.

Highly developed people will be able to escape to safety and many others who do not take responsibility for their own change process and damage the planet with their own darkness and negativity will die. Naturally. Without any outside influence, on a materially based level. A decision by the Council of Light takes place without any external support. Something that the average person doesn't know, as decisions always have to be actively implemented. Well, in the area of decisions made by the Council of Light, things are different. The decisions implement themselves. Naturally and involuntarily. Without any conscious external influence. Something you'll be able to observe over the next few years.

Ideally, in the next few years (and also in principle) you consciously renounce any human interpretations, consciously focus on your personal tasks, connect very consciously with your own inner essential self and just as consciously allow yourself to be guided by it. Step by step.

We need every conscious person who is able to consciously support the big phase of change that is now facing us, in the next few years. This phase is not coordinated and managed by humans, but instead its management lies on an energy-based level and ultimately mainly takes place there. This is with the aim of making lasting, positive changes in the materially based human living space. And so, you absolutely need your energy-based abilities to be consciously available again. At least those of energy-based stabilization and energy-based communication. If you are still unsure, please consciously let your own inner essential self show you what you need to be completely confident in this aspect.

It will be ugly, dark and stressful in the human habitat in the next few years. This is with the aim of being able to transform as many of the harmful forms of energy as possible, to remove as many people as possible from the planet who are unnecessarily burdensome, and thereby to sustainably relieve and strengthen the entire planet. At the same time, through expanded perception, you will also be able to grasp the increasing brightness, the increasing power of the pure and the clarity and beauty of the future. And if it gets a little dark sometimes, change your perspective and see what's behind it and you'll find it easier to bear.

## 2.1 Natural life

Natural living naturally includes personal development. If personal development does not take place, life is missing. There is currently a lot of disorder in the human environment and so, from a universal perspective, a certain amount of order is required in order for things to become healthy. On the one hand, this happens through the introduction of natural orders. On the other hand, however, also through every conscious, highly developed human being who lives naturally / essentially.

A natural / essential life is a basic need of every human being and at the same time the current structures, norms, laws and ways of life in the human environment make it often impossible in many ways to live them out. However, as long as said basic need cannot be lived, there is a permanent inner restlessness and a fundamental feeling of being unfulfilled. Both feelings are approached in different ways, but most of the time, it is not recognized that they have arisen because current life is not natural and therefore does not cover the individual's essential here and now needs. This area also requires appropriate awareness and teachers who grasp, understand, address and support. However, it also requires a large number of human role models who set an example and inspire and shape things with their practical examples.

Further development is a basic need of every being and therefore of every human being. And in this area too, norms, specifications, assessments, conscious external influences, narrow structures and predetermined goals are used to impose enormous restrictions and negative influences on the human living space. Further development must be allowed to be lived freely. Under the sole control of each person.

In doing so, each person naturally finds themselves in those learning situations that serve them here and now. The attempt to standardize further development is more than unfortunate, and so, a lot must / will change in the field of education, in the human environment, in the next few decades, as well.

Power over other people will decrease, self-empowerment will increase. This fact alone requires conscious people who are prepared to take full responsibility for their own lives. At the same time, however, it also requires the dissolution of all hindering beliefs and attitudes throughout the entire living space. And in this task, vibration can be extremely useful to us.

Once you are familiar (again) with the vibration-based dimension, you will realize that everything is ultimately based on certain frequencies.

Health is a certain frequency. So do the natural orders. Your essential size is a certain frequency. And also, your essential tasks. If you then, continue to observe, you will discover the beauty and effortlessness of the vibration-based level: If you consciously keep certain vibration frequencies stable, your environment will form accordingly step by step.

And if you are attentive, you will recognize that this is how we are introducing new things into the human living space: More and more conscious and highly developed people are keeping certain frequencies stable. Therefore, the outside world begins to develop more and more in this direction. An effortlessly beautiful work of change, ultimately. One that, however, triggers a number of side effects, in a first step and thus needs to be fully understood and comprehensively accompanied.

If you understand the theory just described, you will recognize that you realize your own essential / natural life in the way described. You consciously keep your own essential vibration frequency stable and allow it to be realized accordingly, in your current outside. You cannot mentally create your own essential / natural life.

Instead, you must consciously let it arise according to your own essential vibrational frequency. For a person who is used to a typical human material-based way of life, this represents a significant paradigm shift that needs to be aware of.

Whenever you consciously intervene outside, you change the vibration frequency and thereby disrupt or interrupt the realization of your essential lifestyle, seen vibration-based. And so, at this point, we would like to consciously point out to you that you should take the described aspect very seriously and if you recognize that you are not yet confident in vibration-based realization or that you are still far away from your own essential / natural life, very consciously allow your own inner essential self to reveal what you still need to recognize and learn in this area.

As already described several times: You need your own essential / natural life as a basis for your essential work.