

When the  
energy-based  
plane opens  
up to you

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## 1. Introduction

If your holistic vibration frequency begins to increase, your holistic perception begins to expand and if you have a high level of personal development in your core being, then over time your holistic being will also open up to the energy-based plane.

The initial increase in vibration frequency usually starts a very individual process of becoming fully aware. A path that not all of today's people will go to the end of, in this one human life.

However, if you are capable and persevering, you may well succeed in becoming fully conscious. You go through a process that lasts until your holistic being has reached the vibrational frequency of your essential self and thus your actual, natural / essential vibrational frequency.

If you are a highly evolved being at your core, then your natural / essential vibrational frequency is naturally high and this in turn can result in your holistic being being tethered to the energy-based level. This connection brings you many advantages, especially if you are one of those highly developed people who will take on future tasks.

When you are connected to the energy-based level, your basic mode of life changes and this situation will challenge you quite a bit for a certain period of time. In this stage of your personal path, you not only get to know the

energy-based dimension (again), you also increasingly deal with the differences between the two living spaces, then very consciously root yourself and your current human life in the material-based dimension, in the human living space and in human society and afterwards begin to shape a life for you personally at the interface of the two dimensions.

We have already described this phase in several of our books, so we will not go into it further here. Rather, in this book we describe what happens when the plateau described does not end, but instead another level opens up for you (and you honestly, without a break or warning, get into the next intensive and exhausting process).

Because it may be that you have a very high own vibration frequency in your personal core being and have undertaken some future tasks for which you need a somewhat more comprehensive equipment and so, your path does not stop at the described interface. Rather, another (human) possibility of life opens up for you: A human life in both dimensions at the same time (without any interface). That's what we want to talk about in this book.

This book is also the first in a four-part series that deals in depth with the subject of light technology. After all, the ability to be able to live

in both dimensions at the same time is one of the imperative prerequisites for any current human being who will work in the field of light technology.

Please be very honest with yourself and consciously check whether this book is serving you. The aim of this book is not to satisfy human curiosity, but rather to consciously support and empower certain people. We therefore ask you to deal with the book (and thus also with yourself) very honestly and very carefully. Check within yourself whether you need the contents of the book. It only makes sense if you know within yourself that it will serve you.

We have repeatedly written about light technology in some of our previous books and are now in the comfortable position that more and more people are on the verge of reaching their own (high) vibrational frequency and are therefore able to consciously support the subject of light technology. This too, a future task that you know within yourself whether it is yours or not.

This book thus not only describes the topic of human life in an equally energy-based and material-based dimension, but also very consciously serves as a preparation for the conscious and joint implementation of light technology in human living space.

We will be publishing three more volumes on the topic of light technology in the next few months, but here and now, in this book, it will first be about what actually happens when the borders between the material-based and the energy-based dimensions opens up and about what can support you in this challenge. Of course, you will find your own way of dealing with it. But this is usually easier if you have already read about it and experienced one or the other illustrative example.

Light technology is based on the laws of energy-based evolution, and this can be studied excellently and in a variety of ways in the human environment. We would like to write about that too, in this book. As you can see, we have a lot planned for the following pages and are now looking forward to a journey together with you.

“We” are in this book:

**Susanne Edelmann**, human embodiment of Ascended Master Lady Nayla Og-Min, who also held the then embodiment of ISIS several thousand years ago. ISIS, the goddess of femininity, harmonious appreciative togetherness and peace. And it is indicative of Earth as a planet of duality that this very name is currently (fall 2022) being used by a "femininity-deprecating" and warfare organization.

Well, we are moving, all together, back to a time of harmonious, peaceful and appreciative togetherness. And I am happy with all my heart about every person who consciously runs and supports!

**Lord Ben Joseph**, Ascended Master and currently humanly embodied and humanly acting, Master of Light.

**Lord St. Germain / Lord Luca**, Ascended Master, embodied in human form, often appearing human, now so conscious that he has no desire to be abused any further by means of "St.Germain" and thus adapted his essential name to his energy signature and changed it to "Luca ". However, we repeatedly dissolve in the realm of the multiple fictions surrounding the Ascended Master St. Germain.  
Master of light. Humanly embodied and acting.

**Lady Serena**, Ascended Master, humanly embodied and acting, Master of Light.

May this book enrich you. You, personally!

Cordially  
Susanne Edelmann, Lord Luca, Lord Ben Josef,  
Lady Serena

## 2. When borders dissolve

Please be very aware; what we are writing here requires an extremely high level of personal development and awareness. As much as you move outside of the familiar with what has been described, you must be able to carry it holistically on the one hand and be able to move about as a “completely normal person” in a “completely normal human life” at any time on the other hand. A high demand. Something that you already experienced and trained back then, when your awareness increasingly unfolded, and that you now definitely have to be able to do again.

What we are describing here is no "kids-game" and honestly unsuitable for most of today's people.

Borders dissolve, merge and two become one. Something new emerges and develops, delighting the heart of every «pioneer being» who discover and consciously create new things. Joyfully free and enthusiastically creative. For the benefit of all inhabitants of the planet. What a beautiful task!

However, you need the prerequisites of a fully healed, safe and essential human being. The process in this regard challenges you in many ways. But the product is worth every drop of sweat and it is one of the central prerequisites for the fact that the borders between the dimensions can really dissolve in your being.

At this point it should be noted: We are addressing you personally. What applies to you and is possible does not automatically apply to your immediate human environment and is usually not possible for them, in this one human life. Please be aware of this.

## 2.1 The third and the fifth dimension become one (new) dimension

The third dimension is dedicated to matter, the fifth dimension to the aspect of energy. What, concretely, happens when the two dimensions mix or even merge and become one?

Energy-based evolution states: Energy is above matter and vibration above energy. Thus, any matter can always be handled as energy. At the same time, it is vibration that defines and directs. And we would now like to take a closer look at these topics.

### **The energy-based aspect of matter.**

Every matter has its own vibration frequency. This vibration frequency is significantly influenced by:

- The quality and the respective material construction resp. ingredients.

- The vibration frequency (and thus the intention and attitude) of the manufacturing companies and people.
- The vibration frequency of the environment during manufacture.

Industrially manufactured matter keeps its original vibration frequency stable throughout its life. Natural matter such as stone, cotton, clay, earth, linen, water or even wood adapt their vibration frequency to their respective (possibly new) environment. Since energy is higher than matter on the basis of energy-based evolution, from the point in time of the limitless merging of the two dimensions it is the energy-based laws in which the decisive force lies, and which thus have a decisive influence. This means, among other things, that from now on, you are subject to the laws of resonance and are surrounded by materials and people who have a similarly high vibration frequency as yours. You are thus attracting highly developed people to you. Involuntarily. Increasingly. However, you are also increasingly drawing natural materials to you because they are able to adjust their own vibrational frequency to your (high) vibrational frequency. Your immediate and your daily environment are now increasingly adapting to you. It will be pure. It will be healthy. It becomes bright and immensely beautiful and rich around you. You don't have to do anything active for

that. It happens to you. Automatically. According to the energy-based laws.

At the same time, you now perceive vibration differences more than clearly. If you go into low-vibrational regions, which may also be additionally shrouded in all sorts of negative and dark forms of energy, you now grasp this with great clarity. And this is where it supports you if you very consciously concentrate on yourself in these situations and consciously keep your own high and pure vibration frequency high and stable. This conscious attitude allows the environment to move up in vibrational frequency. A condition that is subject to energy-based laws and thus happens involuntarily, provided you do not correct your own vibration frequency downwards, but consciously keep it stable and high.

This conscious attitude is your strongest tool for change. And if you are mindful and start consciously observing, after a few weeks you will be able to perceive significant changes on the outside.

Money has a central importance in the human material-based living space and at the same time is regarded as matter. This also changes when the borders between the dimensions dissolve, since money now also follows the energy-based laws:

**You have more than enough of it  
when you need it.**

An extraordinarily simple and effortless story, to which a person usually has to get used to for some time, after all, he is used to completely different circumstances.

At the same time, you no longer have any access to sources of money that are associated with negative forms of energy. Something that you may have to consciously experience for some time in order to understand this fact. As a rule, your human mind now automatically interprets lack. Because currently are still very many human sources of money negatively imposed. And here, too, we encourage you to observe consciously and thereby understand better and better, as you are also subject to the energy-based laws in this area. In this case of the law of balance: If one door closes to you, another opens to you. And, if it leaves you in one area, something new, more appropriate moves in to you.

Yet, if you find out that there is a clear break between "no more" and "again", you will easily see that your holistic system explicitly needs the said break for the cleaning processes involved. Therefore, consciously let go, consciously work through what still needs to be worked out and

trust that you will encounter new and more suitable things.

Lack is an issue of the materially based third dimension. The energy-based dimension does not know this aspect. Here you have plenty of what you need here and now for your personal well-being and your personal tasks. It flows to you. Involuntarily. In whatever way. The only thing that can repeatedly block you during a certain transition phase are your old, unpleasant and still unresolved experiences and, of course, again and again material-based norms and ideas. You have to be holistic and completely healthy (and otherwise use the situation to consciously work through it again) and at the same time consciously step out of the material-based frame of thought in order to be able to open yourself more and more to the very different new.

Very consciously let go of all ideas and expectations and just as consciously allow the borders of your previous frame of thought to completely dissolve. At best, this may read logically and relatively easily, but you have only grasped it in depth and, in particular, reaped the fruits of this when you have gone through the associated process consciously, persistently and successfully.

If you are fully conscious (again), you will always perceive the energy-based part of matter and thus its vibrational aspect. Low vibration frequencies and negative forms of energy veiled in matter repel you. Something that has accompanied you at best throughout your current life. You didn't want (and sometimes couldn't) have certain things with you. Everything in you fought against it. Sometimes, however, you lacked materially based explanatory models to make it understandable in your environment, why you felt that way or even behaved that way. For example, you couldn't explain why you couldn't wear the sweater your godmother gave you. Despite the perfect fit and ideal color. Yet, it felt so gross with its low vibrating forms of energy. Nevertheless, even if you had understood at the time why you feel this inner resistance, you probably would not have been understood by a large part of those around you at the time. Something that hopefully is now changing more and more in human society. Ideally, however, you should first understand why you sometimes feel far outside of human norms and why you repeatedly behave very differently than an average person would do.